

CLEAN HANDS SAVE LIVES

Pre-Surgical Hand Asepsis Protocol

4 STEPS:

HYGIENE

WASH

DISINFECT

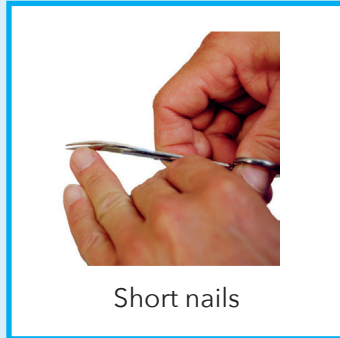
CARE

STEP 1

HYGIENE

SURGICAL PERSONNEL SHOULD ALWAYS TAKE CARE OF HAND HYGIENE

Have a proper hand hygiene in and outside the surgical theatre.



STEP 2

HAND WASHING

1 MINUTE HANDWASH WITH NEUTRAL SOAP

This is a cleaning procedure. Before the 1st surgery of the day or when hands are visibly soiled.



STEP 3

HAND DISINFECTION

1.5 MINUTE RUB WITH HYDRO-ALCOHOLIC SOLUTION

This is the hand disinfecting step.

Keep solution wet for 1.5 minutes on skin.



STEP 4

SKIN CARE

GOOD SKIN CARE

Take care of your hands when leaving the surgical theatre.



Areas frequently missed during disinfecting step!

- Areas frequently missed during disinfecting step
- Most frequently missed



When using this routine, ensure the hydro-alcoholic solution used meets the prEN 12791 requirements for surgical hand asepsis and verify appropriate timing according to manufacturers recommendations.

Adapted from Veterinaryhandhygiene.eu poster 2016
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